

Take your taste buds on a journey

Aspens has been chosen to provide the meal service at your child's school. Take a look below for a glimpse at a typical menu.

SAMPLE MENU

STREATERIES	
WEEK 1	
MAINS	VEGGIE
STICKY HONEY GINGER MEATBALLS & BEANS/POLENTA	MISO ROAST AUBERGINE & EDAMAME WITH STICKY CHILI GLAZE
EGG NOODLES	EGG NOODLES
CAJUN CHICKEN STACK, TOPPED WITH MARIANARA AND CHEESE	CAJUN ROASTED VEGETABLE & BUTTERBEAN BAKE
GARLIC & HERB WEDGES	GARLIC & HERB WEDGES
SIMPLY ROAST PORK & YORKSHIRE PUDDING	CAULIFLOWER & SQUASH CHEESY GRATIN
SKIN ON GARLIC ROASTIES	SKIN ON GARLIC ROASTIES
CHICKEN TIKKA	ALOO GOBI VEGETABLE CURRY
PANATHA CURRY WITH MINT YOGHURT	PIZZA SLICE
BRANDED RICE	VEGGIE SAUSAGE
BATTERED FISH	CHIPS, GRAMY OR IRISH CURRY SAUCE
SAUSAGE/VEGGIE SAUSAGE	
PIZZA SLICE	
CHICKEN HUGGETS	
CHIPS, GRAMY OR IRISH CURRY SAUCE	
VEGETABLES/SALAD	
MONDAY: MIXED VEGETABLES	TUESDAY: AID SLAW
WEDNESDAY: MIXED VEGETABLES & WEDGERS	THURSDAY: COCONUT NUTRIENT BEANS
FRIDAY: GARLIC PEAS ON BEAN	
DESSERTS	
MONDAY: HOMEBAKE FAVOURITES	TUESDAY: HOMEBAKE FAVOURITES
WEDNESDAY: HOMEBAKE FAVOURITES	THURSDAY: HOMEBAKE FAVOURITES
FRIDAY: HOMEBAKE FAVOURITES	

NOT JUST POTATOES... LOADED SPUDS!	
MONDAY: CARBONARA LOADED SPUD	TUESDAY: MEXICAN BEAN CHILI LOADED SPUD
WEDNESDAY: THAI GREEN VEG LOADED SPUD	THURSDAY: CHICKEN TIKKA PATIHA LOADED SPUD
FRIDAY: ALL THE CLASSICS	
AVAILABLE EVERY DAY	
HOT DELI KITCHEN	
MONDAY: PIRI CHICKEN WRAP	TUESDAY: KATSU CHICKEN BURGERS
WEDNESDAY: ROAST PORK & STUFFED BAGUETTE	THURSDAY: CHEESY NACHO SOE
FRIDAY: LOADED CHIPS	
AVAILABLE EVERY DAY	
PASTA, RICE & NOODLE POTS	
MONDAY: CARBONARA SPAGHETTI POT	TUESDAY: MEXICAN BEAN CHILI RICE POT
WEDNESDAY: THAI GREEN CURRY VEGETABLE NOODLE POT	THURSDAY: SPICY CHICKEN PENNE
FRIDAY: CLASSIC MAC CHEESE	
AVAILABLE EVERY DAY	
MID MORNING BREAK CONNECT	
Refuelling you between breakfast and your lunchtime destination!	
DAILY MEAL DEALS	
Freshly Made from Scratch DAILY!	

STREATERIES

Streateries is our secondary meal offer packed full of mouth-watering flavours from around the world. Designed with variety and choice in mind, the menu is built around daily themes inspired by global street food, giving you the chance to explore flavours, trending cuisines, whilst still ensuring that there is a place on the menu for the comfort of our familiar school dining hall favourites.

It's a daily journey for the taste buds, right in the school dining hall! Included is our standard street food dish, a hand held version, vegetarian/vegan choices along with a selection of sides, salads and a home bake favourite or warm traditional pudding for dessert.



LET YOUR TASTE BUDS DO THE TRAVELLING

Each month we explore a different destination full of flavour! See where this year's promotions are stopping ...

GERMAN HAUS SEPTEMBER	AUTHENTIC ITALIAN OCTOBER	COCINA ESPAÑA NOVEMBER
LET'S BEGIN THE FEASTIVITIES! DECEMBER	ROMAN ROOTS JANUARY	PAN ASIAN STREET FOOD STYLE FEBRUARY
GREAT BRITISH PIES MARCH	INCREDIBLE INDIA X PLANT POWER APRIL	HACIENDA MEXICANA MAY

SABOR DE PORTUGAL JUNE	AMERICAN DINER JULY
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HOT RIGHT NOW!

FROM YOUR FEED TO YOUR COUNTERS.

DON'T MISS THESE LIMITED TIME OFFERS! POPPING UP ALL THE TIME.

Inspired by the hottest current trends, we're bringing the next food trend to your counters!



DELI KITCHEN

Our Deli Kitchen offers students a grab & go option from the best of our classic hot and cold food offer. Packed with variety, flavour, and choice to suit every appetite.

The range includes Authentic Italian hand-stretched pizzas and pasta pots, Hacienda Mexicana burritos, rice bowls, and sides, including Voulez Poulet house rub chicken, dogs and tasty extras all the way through to our fresh deli favourite sandwiches, wraps, paninis, loaded spuds, crisp salads, fruit and chilled dessert pots.



GOOD FOR YOU & GOOD FOR THE PLANET



Caring for the planet is something that really matters to us and our customers. We see it in the way students think, speak up, and take action.

Our range of initiatives and messages support the journey to reduce environmental impacts. We're encouraging them to make choices that are good for them and the planet - now and in the future.

FEED YOUR FAMILY FOR £5

SCAN ME

Discover affordable and quick step-by-step videos to start cooking up some delicious recipes!



HELPING THE PLANET ONE BITE AT A TIME

MAKE A GREEN SWAP TODAY

1 AVERAGE BEEF BURGER has the same climate impact as...

10 VEGAN BURGERS

0.4 x 10



MEAL DEAL



At Aspens, we're all about offering **GREAT VALUE** and a **GREAT CHOICE** for students.

With such a variety of options,
YOU'LL ALWAYS FIND SOMETHING TO
ENJOY!



*FREE SCHOOL MEAL ALLOWANCE CAN BE USED TO BUY A MEAL DEAL.



We encourage customers to talk to us to tell us what they think so we can continually improve!

SUPPORTING BRITISH FARMERS

At Aspens we're proud to support British farmers where we can by serving fresh, seasonal produce with a supply chain that can be traced from field to fork.



Allergens and Special Diets

We cater for different requirements so that all customers can enjoy a tasty meal with us. For pre-packaged food, our labelling processes have been reviewed to give ingredients and allergen information in accordance with Natasha's Law. We continue to encourage customers to talk to us so we can work together to provide food that is safe to eat.

Klimato



We are working with Klimato to tackle carbon emissions from food, highlighting the impact of each meal on our menus.

CONTACT US

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