

Your menu

Week 1

Monday

Tuesday

Wednesday

Thursday

Friday

Organic beef meatballs
or
Vegan meatballs

Served with pasta,
Mediterranean sauce,
homemade garlic dough
balls, and vegetables.

Iced or cream filled buns
Chocolate orange cookie
Strawberry muffin
Jam & coconut sponge

Chicken puff pastry pie
or
Quorn puff pastry pie

Served with mashed
potato and vegetables

Iced or cream filled buns
Raisin oat cookie
Chocolate crunch
Cornflake tart

Roast of the Day
or
**Crumb topped cauliflower
& broccoli bake**

Served with roast potatoes,
vegetables, and gravy

Iced or cream filled buns
Shortbread slice
Lemon muffin
Summer fruit crumble

Chicken Korma
or
Quorn Korma

Served with rice with
vegetables and naan

Iced or cream filled buns
Cookie
Banana flapjack
Berry sponge

Battered fish
or
Quorn dippers

Served with chips,
garden peas or
baked beans

Iced or cream filled buns
Cornflake cookie
Chocolate cracknel
Rhubarb cobbler

Paninis
Cheese
Cheese & ham
Tuna melt

**Tikka chicken wrap, panini,
rice or noodle bowl**

Jacket potato

Pasta bowl

Pizza Slice

Fresh Salad Bowl

Paninis
Cheese
Cheese & ham
Tuna melt

Sweet chilli chicken wrap

Jacket potato

Pasta bowl

Pizza Slice

Fresh Salad Bowl

Paninis
Cheese
Cheese & ham
Tuna melt

**Roast of the Day in a roll
Piri-Piri chicken wrap**

Jacket potato

Pasta bowl

Pizza Slice

Fresh Salad Bowl

Paninis
Cheese
Cheese & ham
Tuna melt

**Teriyaki chicken wrap, panini,
rice or noodle bowl**

Jacket potato

Pasta bowl

Pizza Slice

Fresh Salad Bowl

Paninis
Cheese
Tuna melt

Fish finger sandwich

Jacket potato

Pasta bowl

Pizza Slice

Fresh Salad Bowl

Brunch muffin
Quorn sausage pattie &
poached egg in a muffin

Bacon roll

Belgian Waffle

**Buttered toast
Buttered Bagel**

Fresh Fruit & Yoghurts

**Bacon with cream cheese
bagel**

Bacon roll

Belgian Waffle

**Buttered toast
Buttered crumpet**

Fresh Fruit & Yoghurts

**Cheese and bean toastie or
wrap**

Bacon roll

Belgian Waffle

**Buttered toast
Buttered bagel**

Fresh Fruit & Yoghurts

Brunch muffin
Quorn sausage pattie &
poached egg in a muffin

Bacon roll

Belgian Waffle

**Buttered toast
Buttered bagel**

Fresh Fruit & Yoghurts

**Curry folded
Naan**

Belgian Waffle

**Buttered toast
Croissant**

Fresh Fruit & Yoghurts

All main and Grab & Go menu options are part of the meal deal

Vegan meals are available on request.

For information regarding allergens or any dietary requirements please speak with the school.

Your menu

Week 2

Monday

Tuesday

Wednesday

Thursday

Friday

Pork Sausages
or
Vegan Sausages

Served with creamy
mashed potatoes and
vegetables

Iced or cream filled buns
Apricot oat cookie
Chocolate brownie
Sticky apple sponge

Beef Lasagne
or
Vegetable Lasagne

Served with homemade
garlic bread and fresh salad

Iced or cream filled buns
Lemon shortbread slice
Chocolate cracknel
Fruity yoghurt crunch

Roast of the Day
or
Vegan casserole

Served with a Yorkshire
pudding, roast potatoes and
vegetables

Iced or cream filled buns
Cherry & coconut cookie
Berry muffin
Syrup sponge

Chicken Tikka Masala
or
**Vegetable and Chickpea
curry**

Served with rice, seasonal
vegetables, and naan

Iced or cream filled buns
Cookie
Cornflake bar
Chocolate pear cake

Battered fish
or
**Cheese and tomato
quiche**

Served with chips, peas
and baked beans

Iced or cream filled buns
Chocolate cookie
Flapjack
Lemon sponge

Paninis
Cheese
Cheese & ham
Tuna melt

Paninis
Cheese
Cheese & ham
Tuna melt

Paninis
Cheese
Cheese & ham
Tuna melt

Paninis
Cheese
Cheese & ham
Tuna melt

Paninis
Cheese
Tuna melt

**Tikka chicken wrap, panini,
rice or noodle bowl**

Sweet chilli chicken wrap

Roast of the Day in a roll
Piri-Piri chicken wrap

**Teriyaki chicken wrap,
panini, rice or noodle bowl**

Fish finger sandwich

Jacket potato

Jacket potato

Jacket potato

Jacket potato

Jacket potato

Pasta bowl

Pasta bowl

Pasta bowl

Pasta bowl

Pasta bowl

Pizza Slice

Pizza Slice

Pizza Slice

Pizza Slice

Pizza Slice

Fresh Salad Bowl

Fresh Salad Bowl

Fresh Salad Bowl

Fresh Salad Bowl

Fresh Salad Bowl

Brunch muffin
Quorn sausage pattie &
poached egg in a muffin

**Bacon with cream cheese
bagel**

**Cheese and bean toastie or
wrap**

Brunch muffin
Quorn sausage pattie &
poached egg in a muffin

**Curry folded
naan**

Bacon roll

Bacon roll

Bacon roll

Bacon roll

Bacon roll

Belgian Waffle

Belgian Waffle

Belgian Waffle

Belgian Waffle

Belgian Waffle

Buttered toast
Buttered Bagel

Buttered toast
Buttered crumpet

Buttered toast
Buttered bagel

Buttered toast
Buttered bagel

Buttered toast
Croissant

Fresh Fruit & Yoghurts

Fresh Fruit & Yoghurts

Fresh Fruit & Yoghurts

Fresh Fruit & Yoghurts

Fresh Fruit & Yoghurts

All main and Grab &
Go menu options are
part of the meal deal.

Vegan meals are available on request.

For information regarding allergens or any dietary requirement
please speak with your school.

M
A
I
N

G
R
A
B
&
G
O

B
R
E
A
K

Your menu

Week 3

Monday

Tuesday

Wednesday

Thursday

Friday

Chicken burger
Beef burger
or
Vegetable burger

Served in a bun with fries and a side of baked beans and coleslaw

Iced or cream filled buns
Cookie
Carrot cake muffin
Apple & cinnamon crumble

Chilli Con Carne
Beef Goulash
or
Vegetarian tacos

Served with rice and vegetables.

Iced or cream filled buns
Cookie
Apple flapjack
Coconut and Lime cake

Roast of the Day
or
Cheese and potato pie

Served with creamed potatoes, vegetables, and gravy

Iced or cream filled buns
Cookie
Chocolate cracknel
Jam shortbread sandwich

Chicken Rogan Josh
or
Quorn Rogan Josh

Served with rice, vegetables, and naan

Iced or cream filled buns
Shortbread slice
Banana muffin
Sticky chocolate sponge

Battered fish
or
Vegan sausage roll

Served with chips, peas and baked beans

Iced or cream filled bur
Cookie
Chocolate brownie
Peaches with ice cream

Paninis
Cheese
Cheese & ham
Tuna melt

Tikka chicken wrap, panini, rice or noodle bowl

Jacket potato

Pasta bowl

Pizza Slice

Fresh Salad Bowl

Paninis
Cheese
Cheese & ham
Tuna melt

Sweet chilli chicken wrap

Jacket potato

Pasta bowl

Pizza Slice

Fresh Salad Bowl

Paninis
Cheese
Cheese & ham
Tuna melt

Roast of the Day in a roll
Piri-Piri chicken wrap

Jacket potato

Pasta bowl

Pizza Slice

Fresh Salad Bowl

Paninis
Cheese
Cheese & ham
Tuna melt

Teriyaki chicken wrap, panini, rice or noodle bowl

Jacket potato

Pasta bowl

Pizza Slice

Fresh Salad Bowl

Paninis
Cheese
Tuna melt

Fish finger sandwich

Jacket potato

Pasta bowl

Pizza Slice

Fresh Salad Bowl

Brunch muffin
Quorn sausage pattie & poached egg in a muffin

Bacon Roll

Belgian Waffle

Buttered toast
Buttered Bagel

Fresh Fruit & Yoghurts

Bacon with cream cheese bagel

Bacon Roll

Belgian Waffle

Buttered toast
Buttered crumpet

Fresh Fruit & Yoghurts

Cheese and bean toastie or wrap

Bacon Roll

Belgian Waffle

Buttered toast
Buttered bagel

Fresh Fruit & Yoghurts

Brunch muffin
Quorn sausage pattie & poached egg in a muffin

Bacon Roll

Belgian Waffle

Buttered toast
Buttered bagel

Fresh Fruit & Yoghurts

Curry folded naan

Belgian Waffle

Buttered toast
Croissant

Fresh Fruit & Yoghurts

All main and Grab & Go menu options are part of the meal deal

Vegan meals are available on request.

For information regarding allergens or any dietary requirement please speak with your school.