

THE PE CURRICULUM

Use Sport in many potential jobs: Sports coaching, Physiotherapy, Emergency Services, Teaching, Psychologist, Youth work, Fitness instructor, Leisure Sports Management etc.

Make a career out of Professional sport

Continue in Sport coaching and teaching

Study Sport at University

Study BTEC Level 3 Sport at 6th form

AHS SPORTS FIXTURES

Sports Day

Sports Day

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HOMEWORK PROJECT 2 – Investigating the components of fitness and exploring your strengths and weaknesses.

HOMEWORK PROJECT 1 – Investigating the body in action, the Muscular system.

HOMEWORK PROJECT 1 – Find out about an extra curricular activity and try and attend one that interests you.

Sports Day

HOMEWORK PROJECT 2 – Find out about the lifestyle factors that effect your health such as smoking, alcohol and drugs.

Sports Day

HOMEWORK PROJECT 2 – Create an information leaflet on a selected sport looking at the rules, regulations and how it is officiated

Join Netball & Football after school clubs

Get ready for starting your PE learning adventure at AHS Have you got your PE kit?

HOMEWORK PROJECT 1 – Be inducted into the gym by your classroom teacher and fill out a health assessment form with your parents to enable you to use the fitness suite after school

Take part in Transition day House competition at AHS

