

Amber Valley Early Help – Where to find support locally.

Money/Finance

<https://www.understandinguniversalcredit.gov.uk/coronavirus/> - Updated daily

Most up to date information for benefits, Universal Credits etc.

If a person can't sign on or visit JC+, then they need to record in their journal that they are self-isolating because of(state reason) and do the questionnaire on the link below.

<https://111.nhs.uk/covid-19>

Derbyshire Discretionary Fund Application Line 01629 533399 Monday – Friday
10am – 4pm

<https://www.derbyshire.gov.uk/social-health/adult-care-and-wellbeing/benefits-debt-and-legal-matters/managing-money-and-debt/derbyshire-discretionary-fund/derbyshire-discretionary-fund-ddf.aspx>

Foodbanks

Heanor <https://www.salcare.org.uk/>

59 Ray Street, Heanor, DE75 7GF

Friday 10am -1pm take own bag. Walk in accepted or referral from agency.

South Normanton Zion Methodist Church Wednesday 9am 1pm

Trussell Trust (referral from Agency)

South Normanton - Junction 28 Church - Fridays

St Michaels Church Tuesday and Friday 1.30pm to 2.30pm

Alfreton House Alfreton Wednesday 2pm 3pm

Belper

Hope for Belper

<https://hopeforbelper.com/the-basic-idea/> The foodbank will still be open to those with a referral but bags will be pre packed and given out at the door rather than having clients come in and wait.

Riddings /Somercotes <https://www.oscari-online.com/>

Oscari We shall be batch cooking soup and transferring it into food safe containers and freezing/distributing to those most in need/vulnerable people.

If you know of anyone who would benefit from food being delivered to them please message us or contact Tracy or Sarah-Jayne on our numbers which are on the page.

We will be operating food bank only.

Food bank will be available

Tuesday 12 until 2pm

Friday 10am until 12 midday

Food bank will operate on a locked door policy.

This means that the doors to the church will be locked.

You will knock on the front door and once we see you through the window, you will then retreat behind the gate.

We will bag up the food for you and spray the bag with either a dettol spray or nilco food grade sanitiser spray, we will then, once you are behind the gate , open the door and place the bags of food on the floor, you can then retrieve your food parcel once we have closed the doors again.

Eastwood/Langley Mill

Eastwood Volunteer Bureau at the rear of Eastwood Library Friday 10am -1pm

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St Andrews Church, Station Road Langley Mill. Friday 1.30pm to 4pm Jean Bailey
07407634683 - **Bags will be ready for collection and reduced contact. No new families/requests, unless known to them already.**

Childrens Centres Support for 0-19 yrs Please ring before visiting.

Alfreton 01629 533066

Langley Mill 01629 533677

Heanor 01629 532616

Starting Point /Safeguarding 01629 535353
Call Derbyshire 01629 533190

Mental Health

CRISIS team 01332 623700

Kooth Children and Teenagers online counselling support

<https://kooth.com/>

Qwell Adults counselling/support

<https://www.qwell.io/>

<https://www.samaritans.org/>

<https://www.childline.org.uk/>

Domestic Abuse

08000 198 668 Derbyshire 24/7 helpline

<https://www.saferderbyshire.gov.uk/what-we-do/domestic-abuse/domestic-abuse.aspx>

Health Up to date information on current COVID-19

<https://www.nhs.uk/using-the-nhs/nhs-services/urgent-and-emergency-care/nhs-111/>

Signs and Symptoms A-Z for all ages.

<https://www.gov.uk/government/organisations/public-health-england>

<https://www.gov.uk/government/topical-events/coronavirus-covid-19-uk-government-response>

<https://111.nhs.uk/covid-19> Updated constantly.

Online Safety keeping children safe online.

<https://www.nspcc.org.uk/keeping-children-safe/online-safety/>

<https://www.ceop.police.uk/safety-centre/>

Amber Valley CVS

<https://avcvs.org/>

Housing

Contact own social housing provider or mortgage lender

Children on Free School Meals – Schools to issue their own advice