

# BTEC Level 2 First in Sport



Exam Board	Edexcel		
Overview	<p>This course provides students with an insight into several key areas within the world of sport such as fitness components, training methods, training principles, participation in sporting drills, competitive scenarios, the effects of physical activity on the body and how the mind is as important as the body in sport.</p> <p>The BTEC Level 2 First in Sport Qualification is equivalent to 1 GCSE.</p>		
Course Structure	<ul style="list-style-type: none"> <li>• UNIT 1: Fitness for Sport and Exercise</li> <li>• UNIT 2: Practical Sports Performance</li> <li>• UNIT 3: Applying the Principles of Personal Training</li> <li>• UNIT 5: The Sports Performer in Action</li> </ul>		
Assessment	<p>The BTEC Level 2 First in Sport Qualification is 75% coursework based and 25% examination based.</p> <ul style="list-style-type: none"> <li>• UNIT 1 is examination based (Online)</li> <li>• UNITS 2, 3 and 5 are coursework based.</li> </ul> <p>Each unit has the same weighting and are added together to calculate the final grade classification students receive.</p>		
Career Opportunities	<p>Teacher</p> <p>Sports Psychologist</p> <p>Sports Nutritionist</p> <p>Sport Leisure Manager</p>	<p>Sport Physiotherapist</p> <p>Coach</p> <p>Fitness Instructor</p> <p>Community Support Worker</p>	<p>Personal Trainer</p> <p>A Health Related Career</p> <p>Public Services</p> <p>Sports Scientist</p>
Further information From:	<p>Please see Mr Briggs (Head of PE) or any other members of the department for more information.</p> <p><a href="http://qualifications.pearson.com/en/qualifications/btec-firsts/sport-2012-nqf.html">http://qualifications.pearson.com/en/qualifications/btec-firsts/sport-2012-nqf.html</a></p> <p><a href="http://www.brianmac.co.uk">www.brianmac.co.uk</a>      <a href="http://www.sportsleaders.org/">www.sportsleaders.org/</a></p> <p><a href="http://www.bbc.co.uk/schools/gcsebitesize/pe/">www.bbc.co.uk/schools/gcsebitesize/pe/</a></p>		

